

School Programs

2023-2024

MNP Community & Sport Centre School Programs provide students of all abilities the opportunity to participate in sport, wellness and aquatic activities all in one place.

All activities are aligned with Sport for Life's Long Term Athlete Development Framework 2.0 (LTAD) that support:

- Physical Literacy
- Fundamental Movement Skills
- Active for Life



Contact

Megan Klassen
 Manager of Children's Programs
 T: 403.355.1288
 mklassen@MNPcentre.com

TEACHER LED PROGRAMS

Book space for your class or team training – teachers facilitate their own lessons.

Facility Booking Prices	Price/Hour
25M Pool Lane	\$14.40
50M Pool Lane	\$28.40
Dive Tank	\$97 / \$48.80 (half tank)
Teach Pool	\$78.20 / \$38.50 (half pool)
Gymnasium	\$87.50 / \$43.70 (half gym)
Track (4 lanes)	\$91.40 / \$45.70 (2 lanes)
Multi-Sport Studio 1 or 2	\$57.50



FLOATABLES

Floatables can be booked seperately or as part of a Sport Day!

2 Hours / Grades 6-12

1 Floatable / max 150 students	\$300
2 Floatables / max 400 students	\$575
3 Floatable / max 550 students	\$775

- Participants must pass a 25m swim test
- A Floatable can replace 2 consecutive activities in a Sport Day or be booked separately. Subject to availability.
- Additional pool space must be pre-booked (charges apply) for students not participating on the floatable.

Swim test consists of jumping in feet first, submerged, then from the raised edge of the pool swimming a front swim style for 25M to the end of the pool without touching the side wall of the pool.

HOW TO BOOK

Please contact the Manager of Children's Programs with your desired dates, times, activities, grades and number of students.:

- School Group must guarantee the number of student participants upon booking.
- Booking requests for September-June school year can start as early as August.

All prices subject to change. GST not included.



HOW TO CANCEL

Please see our policies below and contact the Manager of Children's Programs.

Additions

8 business days or greater	No charge
7 business days or less	Not accepted

Modifications and Cancellations

8 business days or greater	No charge
7 business days or less	Full space charged



CORPORATE MEMBERSHIPS FOR TEACHERS

Teachers are eligible for a special corporate rate. Simply provide proof of employment with your school board (current paystub or signed letter of employment from the Human Resources department) to get started today!

Visit MNPcentre.com for rates and details.

INSTRUCTOR LED PROGRAMS

Fully custom programs! Choose from the list of activities. A MNP Community & Sport Centre instructor will facilitate the session.

Priced per student, programs are based on a minimum 20 participants; groups with less than 20 participants will be charged more per student.

AQUATIC PROGRAMS	Grades	Cost/Hour/Student
Diving	6 to 12	\$7.50
Pool Games	K to 12	\$7.50
Water polo	6 to 12	\$7.50

DRYLAND PROGRAMS	Grades	Cost/Hour/Student
Badminton	1 to 12	\$7.50
Basketball	3 to 12	\$7.50
Cooperative Games	K to 6	\$7.50
Floor Hockey	4 to 6	\$7.50
Indoor Soccer	K to 12	\$7.50
Lacrosse	3 to 12	\$7.50
Track & Field	K to 12	\$7.50
Ninja Chamber	4 to 9	\$7.50
Volleyball	3 to 12	\$7.50
Bootcamp	5 to 12	\$8.00
TechnoSPIN (max 20)	7 to 12	\$8.00
Gaga Pit	5 to 12	\$7.50
Kickboxing	5 to 12	\$8.00
Pure Adrenaline (max 25)	9 to 12	\$8.00
Weight Training	10 to 12	\$8.00
Yoga	K to 12	\$8.00
Zumba®	K to 12	\$8.00
Weight Room Orientation	7 to 12	\$8.00
Rock Climbing Wall	5 to 12	\$7.50

All prices subject to change. GST not included.

SPORT DAY

Build a complete sport and wellness experience for your school!

- Choose from any of the Aquatic or Dryland activities
- Programs based on a minimum of 20 participants
- All activities are up to 60 minutes
- Half Day programs are morning OR afternoon

HALF DAY – Choose 2 activities	Grades	Price/Student
20 – 55 Students	K-12	\$ 15.00
56 – 109 Students	K-12	\$ 14.00
110+ Students	K-12	\$ 13.00

FULL DAY – Choose 4 activities	Grades	Price/Student
20 – 55 Students	K-12	\$ 28.00
56 – 109 Students	K-12	\$ 26.00
110+ Students	K-12	\$ 22.00



SWIM TO SURVIVE

Created by The Lifesaving Society to teach the minimum skills needed to survive in an unexpected fall into deep water.

Skills taught include rolling into deep water, treading water and swimming 50m. Certificate given.

COMING SOON!

Visit www.lifesavingsociety.com



"I had so much fun at [The] Centre. I love it there so much! I want to go back again soon!"

- George, 8 years

