

## 7th Annual 10-mile Tri Results - 1 March 2020

Overall Rank	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Heat #
1	Thomas	Smans	H1-L4-B12	1125	10300	4200	15625	1
2	Matt	Stewart	H4-L3-B9	875	9700	4000	14575	4
3	Sergey	Antonov	H2-L6-B17	1100	9000	4000	14100	2
4	Diego	Romero	H1-L3-B8	1175	8300	4200	13675	1
5	Hendrik	van Schothorst	H9-L2-B6	750	9300	3600	13650	9
6	Martin	Gajardo	H2-L8-B25	1125	8300	4000	13425	2
7	Brett	Greiner	H2-L8-B23	900	8900	3600	13400	2
8	Dawson	Sheehan	H1-L4-B10	1225	8300	3800	13325	1
8	Eric	Smeeton	H2-L2-B5	725	9200	3400	13325	2
10	John	Maslen	H2-L5-B14	675	8800	3800	13275	2
11	Matt	McCormack	H4-L8-B22	1000	9000	3200	13200	4
12	Ella	Hnatyshyn	H1-L5-B13	1125	8000	3600	12725	1
13	Andrew	Boyce	H2-L7-B21	650	8400	3600	12650	2
14	Johnathan	Kruzick	H1-L6-B16	1025	8200	3400	12625	1
15	Chris	Fenlon-MacDonal	H4-L6-B18	575	8600	3400	12575	4
16	Derek	williams	H2-L3-B8	650	8900	3000	12550	2
16	Ron	Just	H9-L3-B7	550	8800	3200	12550	9
18	Murray	Bruce	H6-L3-B8	800	8500	3200	12500	6
19	Kevin	Langman	H4-L5-B15	825	8400	3200	12425	4
20	Rodney	Zawalykut	H6-L6-B18	775	8400	3200	12375	6
21	Michael	Hardcastle	H4-L7-B20	850	8900	2600	12350	4
21	Joon	Kim	H6-L7-B20	750	8400	3200	12350	6
23	Anja	Verbeek	H7-L3-B8	775	8100	3400	12275	7
24	Ben	Towns	H9-L6-B16	750	8300	3200	12250	9
25	Robert	MacCuish	H6-L2-B4	625	8600	3000	12225	6
26	Patrick	Leclerc	H4-L2-B4	375	8400	3400	12175	4
26	Ilya	Korobov	H6-L1-B2	875	8700	2600	12175	6

28	Michael	Ferguson	H2-L3-B7	750	8400	3000	12150	2
29	Joshua	Sather	H2-L3-B9	600	8100	3400	12100	2
29	Joshua	Bagby	H2-L4-B11	800	8100	3200	12100	2
29	Sean	McDonald	H2-L4-B12	700	8600	2800	12100	2
32	Paul	Featherstone	H9-L2-B5	625	8600	2800	12025	9
32	Michael	Chayka	H9-L5-B15	725	7700	3600	12025	9
34	Karl	Seidenz	H6-L2-B6	600	7900	3400	11900	6
35	Ryan	Anderson	H4-L7-B21	675	7900	3200	11775	4
36	Kelby	Bacon	H3-L7-B19	950	8000	2800	11750	3
37	Adam	Kaukas	H2-L4-B10	600	8100	3000	11700	2
37	Steve	Macleod	H4-L1-B2	700	7800	3200	11700	4
37	Corey	Mireault	H8-L4-B12	700	8800	2200	11700	8
40	Payton	Sheehan	H1-L6-B18	1050	7200	3400	11650	1
40	Lise	Boddy	H7-L2-B5	550	7900	3200	11650	7
40	Karleen	Scase	H8-L2-B6	850	7600	3200	11650	8
43	Stephanie	Sylvestre	H3-L4-B12	675	7900	3000	11575	3
43	Daphne	Dalton	H7-L6-B17	675	7700	3200	11575	7
45	Neil	Frail	H2-L8-B22	475	8100	2800	11375	2
47	Sara	Bourque	H1-L5-B14	1025	7300	3000	11325	1
49	Tao	Jiang	H4-L1-B3	675	7400	3200	11275	4
49	Jordan	Dalcin	H4-L3-B7	575	7900	2800	11275	4
51	Jinyuan	Zhang	H2-L1-B3	650	7600	3000	11250	2
51	Tamara	Wilbourn	H9-L4-B11	750	7700	2800	11250	9
51	Eric	Peterson	H9-L5-B14	750	7500	3000	11250	9
54	Damian	Petrucha	H2-L8-B24	925	6700	3600	11225	2
54	Rachel	Lee	H3-L2-B6	725	7700	2800	11225	3
56	Dan	Giberson	H6-L3-B9	600	7800	2800	11200	6
57	Dan	Guo	H4-L5-B13	550	7600	3000	11150	4
58	Cheryse	MacDonald	H3-L3-B8	725	7400	3000	11125	3
58	Randa	Bouchmila	H5-L6-B16	625	7700	2800	11125	5

48	Hillary	Kemp	H8-L5-B15	800	7900	2600	11300	8
60	Samuel	Ulmer	H9-L4-B12	600	7300	3200	11100	9
61	Amanda	Murphy	H5-L7-B21	575	7500	3000	11075	5
61	Jordan	Blevins	H9-L6-B17	575	7900	2600	11075	9
63	Alex	Vlassenko	H4-L2-B5	700	7900	2400	11000	4
63	Jen	McDonald	H5-L2-B6	700	7700	2600	11000	5
63	Tori	McMillan	H6-L2-B5	700	7900	2400	11000	6
63	Gail	Brooks	H7-L2-B6	700	7300	3000	11000	7
67	Mat	Marinucci	H2-L1-B2	650	7500	2800	10950	2
68	Kya	Broderick	H1-L8-B25	925	7000	3000	10925	1
69	Andrzej	Pawelczak	H6-L1-B3	800	7500	2600	10900	6
70	Akshay	Jari	H2-L5-B15	675	7800	2400	10875	2
70	Cynthia	Breau	H7-L5-B13	475	7800	2600	10875	7
72	Nolan	Rosenegger	H1-L4-B11	1050	6400	3400	10850	1
72	Kayti	Bates	H5-L5-B14	750	7100	3000	10850	5
72	Sandy	Cross	H5-L7-B20	650	7600	2600	10850	5
72	Andreas	Dilger	H6-L7-B19	550	7900	2400	10850	6
72	Trent	Cherry	H9-L3-B9	350	7700	2800	10850	9
77	Tammy	Hnatyshyn	H7-L4-B11	725	7100	3000	10825	7
144	Tara	English	H8-L2-B5	700	7100	1600	9400	8
78	Alison	Parr	H5-L1-B3	975	6800	3000	10775	5
79	Amelia	Mayr	H1-L7-B21	1050	6500	3200	10750	1
79	John Michael	Vivero	H2-L1-B1	650	7300	2800	10750	2
79	Graham	McDonald	H2-L7-B19	750	6800	3200	10750	2
82	Kelly	Eisler	H9-L1-B1	525	7200	3000	10725	9
83	Adrienna	Dyck	H3-L4-B11	700	7200	2800	10700	3
83	Kristine	South	H8-L4-B11	500	7600	2600	10700	8
85	Andrew	Wallace	H6-L3-B7	875	7200	2600	10675	6
86	Oleg	Saparin	H2-L6-B16	650	7600	2400	10650	2
86	Vanessa	Ronksley	H8-L1-B1	650	7400	2600	10650	8

88	Jordan	Cultrera	H1-L8-B24	925	6700	3000	10625	1
89	paul	teman	H4-L6-B16	700	7100	2800	10600	4
90	Glen	Pardoe	H6-L6-B16	475	7700	2400	10575	6
46	Montana	Butler	H3-L7-B22	550	7600	3200	11350	3
91	Eric	Hanson	H4-L6-B17	850	7300	2400	10550	4
92	Albert	Huynh	H1-L6-B17	825	6500	3200	10525	1
92	Esteban	Jimenez	H4-L4-B11	525	7400	2600	10525	4
92	Brennan	Goulais	H9-L5-B13	525	7800	2200	10525	9
95	Jordan	Swanson	H2-L2-B6	575	7500	2400	10475	2
95	Glenn	Ruskin	H6-L1-B1	775	7300	2400	10475	6
97	Anna	Gordon	H5-L5-B13	650	7200	2600	10450	5
99	Jordis	Furdal	H1-L7-B20	925	6700	2800	10425	1
100	Ryan	Swelin	H4-L7-B19	600	7200	2600	10400	4
101	Rui	Zhang	H2-L5-B13	675	7300	2400	10375	2
102	Heath	Hill	H4-L4-B10	450	7500	2400	10350	4
102	Sol	Zia	H6-L5-B15	750	7400	2200	10350	6
104	Kylie	Tiedje	H1-L2-B6	825	6900	2600	10325	1
104	Paige	Decloux	H1-L3-B9	825	6300	3200	10325	1
104	Hilary	Smith	H3-L2-B4	825	6900	2600	10325	3
107	Kristie	McMechan	H5-L2-B4	400	6900	3000	10300	5
108	Karen	Ryan	H5-L4-B10	750	7300	2200	10250	5
109	NIkki	Skaug	H7-L3-B9	725	7100	2400	10225	7
110	James	Chan	H5-L7-B19	500	7700	2000	10200	5
112	Don	Amstutz	H6-L5-B13	475	7500	2200	10175	6
112	Rob	Rosete	H9-L4-B10	375	6800	3000	10175	9
115	Shaun	Moar	H9-L2-B4	650	6900	2600	10150	9
116	Leah	McCredie	H3-L5-B15	625	7100	2400	10125	3
117	Cadence	De Coene	H1-L2-B5	925	6300	2800	10025	1
117	Jean-Pierre	Bourque	H1-L3-B7	825	6200	3000	10025	1
119	Kiran	Shareski-McMillan	H1-L1-B1	800	6400	2800	10000	1

110	Ron	Olaes	H8-L4-B10	700	7100	2400	10200	8
112	Anna	Mackay	H3-L2-B5	675	6900	2600	10175	3
120	Alex	Comer-Crook	H8-L7-B21	550	7000	2400	9950	8
121	Isla	Stuart	H1-L1-B3	700	6200	3000	9900	1
121	Alexandra	Goertzen	H1-L2-B4	800	6300	2800	9900	1
123	Jason	Langston	H6-L4-B10	450	7400	2000	9850	6
97	Colleen	Rush	H8-L3-B9	550	6900	3000	10450	8
124	Lauren	Minuk	H3-L3-B9	600	7000	2200	9800	3
124	Jordyn	Billesberger	H8-L2-B4	800	6800	2200	9800	8
126	Marianne	Wiltse	H7-L1-B1	675	7100	2000	9775	7
127	Paul	Ronksley	H8-L1-B3	550	6600	2600	9750	8
139	Lindsey	Ducshcher	H8-L5-B14	625	6700	2200	9525	8
129	Chris	Luu	H2-L6-B18	300	6800	2600	9700	2
129	megan	Gray	H3-L3-B7	600	6900	2200	9700	3
129	Sarah	Pullman	H3-L5-B13	500	6600	2600	9700	3
129	Karen	Castro	H7-L5-B15	600	6700	2400	9700	7
129	Ernest	Smith	H9-L1-B2	600	6700	2400	9700	9
134	Anna	Antonova	H5-L4-B12	525	6500	2600	9625	5
142	Stephanie	Zimmel	H8-L5-B13	525	6500	2400	9425	8
135	Shauna	Krush	H8-L1-B2	600	6800	2200	9600	8
173	Claire	Owens	H8-L7-B19	300	6100	2000	8400	8
136	Candice	Onraet	H5-L6-B17	575	6800	2200	9575	5
137	Isabella	Nisi	H1-L1-B2	750	6000	2800	9550	1
137	Carla	Ellis-Whelan	H8-L8-B22	550	7000	2000	9550	8
139	martin	paradis	H6-L6-B17	625	7100	1800	9525	6
141	Dian	Wang	H4-L2-B6	375	6900	2200	9475	4
142	Ella	McManus	H1-L7-B19	925	6100	2400	9425	1
172	Apryl	Sponholz	H8-L3-B8	525	5700	2200	8425	8
144	Curtis	Ruttle	H9-L7-B20	500	6500	2400	9400	9
146	Katrina	Murphy	H3-L1-B1	575	6400	2400	9375	3

147	Young-Mi	Kwon	H7-L4-B12	650	6100	2600	9350	7
148	Saskia	Knol-Hermans	H7-L1-B2	600	6700	2000	9300	7
149	Katie	Webber	H5-L1-B2	650	6400	2200	9250	5
149	Shawna	Mandoli	H5-L6-B18	650	6800	1800	9250	5
153	Yohants	Giffuni	H4-L1-B1	425	6200	2600	9225	4
127	Delaney	Tucker	H8-L6-B16	550	7000	2200	9750	8
154	Cody	Sturgeon	H9-L6-B18	500	6400	2200	9100	9
155	Alexa	Drummond	H3-L6-B17	625	6200	2200	9025	3
156	Dani	Kruzick	H1-L5-B15	700	5700	2600	9000	1
157	Cassandra	Coleman	H3-L7-B20	475	6300	2200	8975	3
158	Paula	Buckley	H3-L5-B14	650	5900	2400	8950	3
158	Al	Depatie	H6-L4-B11	450	6900	1600	8950	6
160	Brennan	McVeigh	H4-L5-B14	625	6500	1800	8925	4
160	Nicole	Skiftun	H7-L1-B3	625	6300	2000	8925	7
162	Zafarene	Chunara	H5-L5-B15	375	6100	2400	8875	5
149	Bronwyn	Hepworth	H3-L7-B21	450	6000	2800	9250	3
149	Jonathan	Sayson	H8-L6-B18	50	6800	2400	9250	8
163	Autumn	Riley	H5-L3-B7	600	6400	1800	8800	5
164	Louise	Summers	H8-L3-B7	475	5700	2600	8775	8
165	Miriam	Clark	H3-L1-B3	650	6500	1600	8750	3
165	Tia	Qin	H3-L6-B16	450	5700	2600	8750	3
167	Ida	Langston	H5-L3-B8	525	6600	1600	8725	5
168	Cindy	Talbot	H7-L6-B18	450	6000	2200	8650	7
169	James	Shortt	H6-L4-B12	425	6600	1600	8625	6
170	Fiona	Corcoran	H3-L1-B2	500	6000	2000	8500	3
170	Linda	Sinclair	H7-L5-B14	600	6300	1600	8500	7
174	Michelle	Caffrey	H9-L3-B8	375	5800	2200	8375	9
175	Julio	Serrano	H6-L5-B14	725	5000	2600	8325	6
177	Serena	Siow	H5-L1-B1	700	5200	2400	8300	5
178	Kristine	Dizon	H3-L6-B18	450	5600	2200	8250	3

178	Yijun	Wang	H5-L4-B11	350	5700	2200	8250	5
180	Tracy	Heim	H7-L2-B4	600	5200	2400	8200	7
175	Sophie	Collins	H8-L6-B17	725	5200	2400	8325	8
181	Cassandra	Ruttle	H9-L7-B21	500	5400	2200	8100	9
182	Noam	Avigdor	H1-L8-B22	725	5100	2200	8025	1
183	Ingrid	Eichelbaum	H7-L6-B16	400	6000	1600	8000	7
184	Olzhas	Yestekov	H2-L7-B20	325	5600	2000	7925	2
184	Donna	Kennedy	H7-L3-B7	325	5800	1800	7925	7
186	Claire	Robinson	H1-L8-B23	700	5400	1800	7900	1
187	Pauline	Petelo	H7-L4-B10	425	5000	2000	7425	7
188	Gabriel	Pigeon	H9-L8-B22	425	4600	1600	6625	9
189	Zach	Abdalla	H9-L8-B23	275	4200	1800	6275	9
190	Ramin	Aminzadah	H2-L2-B4	0	0	0	0	2
190	Alexandra	Russell	H3-L4-B10	0	0	0	0	3
190	Robert	Sta Ana	H4-L3-B8	0	0	0	0	4
190	Marco	Stangherlin	H4-L4-B12	0	0	0	0	4
190	Joshua	Stretch	H4-L8-B23	0	0	0	0	4
190	Tanya	Befus	H5-L2-B5	0	0	0	0	5
190	Nicola	Moffatt	H5-L3-B9	0	0	0	0	5
190	Tim	Whelan	H8-L7-B20	0	0	0	0	8
190	Brad	McLachlan	H9-L1-B3	0	0	0	0	9
190	Matthew	Janz	H9-L7-B19	0	0	0	0	9

## 10-Mile Tri Results by Age Group

Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
1	Payton	Sheehan	H1-L6-B18	1050	7200	3400	11650	40	17 and under female	1
1	Sara	Bourque	H1-L5-B14	1025	7300	3000	11325	47	17 and under female	2
1	Kya	Broderick	H1-L8-B25	925	7000	3000	10925	68	17 and under female	3
1	Amelia	Mayr	H1-L7-B21	1050	6500	3200	10750	79	17 and under female	4
1	Jordan	Cultrera	H1-L8-B24	925	6700	3000	10625	88	17 and under female	5
1	Jordis	Furdal	H1-L7-B20	925	6700	2800	10425	99	17 and under female	6
1	Cadence	De Coene	H1-L2-B5	925	6300	2800	10025	117	17 and under female	7
1	Isla	Stuart	H1-L1-B3	700	6200	3000	9900	121	17 and under female	8
1	Alexandra	Goertzen	H1-L2-B4	800	6300	2800	9900	121	17 and under female	8
1	Isabella	Nisi	H1-L1-B2	750	6000	2800	9550	137	17 and under female	10
1	Ella	McManus	H1-L7-B19	925	6100	2400	9425	142	17 and under female	11
1	Dani	Kruzick	H1-L5-B15	700	5700	2600	9000	156	17 and under female	12
9	Cassandra	Ruttle	H9-L7-B21	500	5400	2200	8100	181	17 and under female	13
1	Noam	Avigdor	H1-L8-B22	725	5100	2200	8025	182	17 and under female	14
1	Claire	Robinson	H1-L8-B23	700	5400	1800	7900	186	17 and under female	15
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
1	Thomas	Smans	H1-L4-B12	1125	10300	4200	15625	1	17 and under male	1
1	Diego	Romero	H1-L3-B8	1175	8300	4200	13675	4	17 and under male	2
1	Dawson	Sheehan	H1-L4-B10	1225	8300	3800	13325	8	17 and under male	3
1	Johnathan	Kruzick	H1-L6-B16	1025	8200	3400	12625	14	17 and under male	4
2	Damian	Petrucha	H2-L8-B24	925	6700	3600	11225	54	17 and under male	5
1	Nolan	Rosenegger	H1-L4-B11	1050	6400	3400	10850	72	17 and under male	6
1	Albert	Huynh	H1-L6-B17	825	6500	3200	10525	92	17 and under male	7
1	Kylie	Tiedje	H1-L2-B6	825	6900	2600	10325	104	17 and under male	8
1	Paige	Decloux	H1-L3-B9	825	6300	3200	10325	104	17 and under male	8



1	Jean-Pierre	Bourque	H1-L3-B7	825	6200	3000	10025	117	17 and under male	10
1	Kiran	Shareski-McMillan	H1-L1-B1	800	6400	2800	10000	119	17 and under male	11
9	Curtis	Ruttle	H9-L7-B20	500	6500	2400	9400	144	17 and under male	12
9	Cody	Sturgeon	H9-L6-B18	500	6400	2200	9100	154	17 and under male	13
9	Gabriel	Pigeon	H9-L8-B22	425	4600	1600	6625	188	17 and under male	14
9	Zach	Abdalla	H9-L8-B23	275	4200	1800	6275	189	17 and under male	15
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
1	Ella	Hnatyshyn	H1-L5-B13	1125	8000	3600	12725	12	18-23 female	1
8	Sophie	Collins	H8-L6-B17	725	5200	2400	8325	175	18-23 female	2
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
2	Martin	Gajardo	H2-L8-B25	1125	8300	4000	13425	6	18-23 male	1
2	Graham	McDonald	H2-L7-B19	750	6800	3200	10750	79	18-23 male	2
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
3	Kelby	Bacon	H3-L7-B19	950	8000	2800	11750	36	24-30 female	1
3	Montana	Butler	H3-L7-B22	550	7600	3200	11350	46	24-30 female	2
8	Hillary	Kemp	H8-L5-B15	800	7900	2600	11300	48	24-30 female	3
3	Rachel	Lee	H3-L2-B6	725	7700	2800	11225	54	24-30 female	4
3	Adrienna	Dyck	H3-L4-B11	700	7200	2800	10700	83	24-30 female	5
8	Kristine	South	H8-L4-B11	500	7600	2600	10700	83	24-30 female	5
3	Anna	Mackay	H3-L2-B5	675	6900	2600	10175	112	24-30 female	7
3	Leah	McCredie	H3-L5-B15	625	7100	2400	10125	116	24-30 female	8
8	Delaney	Tucker	H8-L6-B16	550	7000	2200	9750	127	24-30 female	9
3	megan	Gray	H3-L3-B7	600	6900	2200	9700	129	24-30 female	10
8	Stephanie	Zimmel	H8-L5-B13	525	6500	2400	9425	142	24-30 female	11
3	Bronwyn	Hepworth	H3-L7-B21	450	6000	2800	9250	149	24-30 female	12
3	Alexa	Drummond	H3-L6-B17	625	6200	2200	9025	155	24-30 female	13
3	Cassandra	Coleman	H3-L7-B20	475	6300	2200	8975	157	24-30 female	14

3	Paula	Buckley	H3-L5-B14	650	5900	2400	8950	158	24-30 female	15
3	Tia	Qin	H3-L6-B16	450	5700	2600	8750	165	24-30 female	16
3	Fiona	Corcoran	H3-L1-B2	500	6000	2000	8500	170	24-30 female	17
3	Kristine	Dizon	H3-L6-B18	450	5600	2200	8250	178	24-30 female	18
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
2	Brett	Greiner	H2-L8-B23	900	8900	3600	13400	7	24-30 male	1
2	Eric	Smeeton	H2-L2-B5	725	9200	3400	13325	8	24-30 male	2
9	Ben	Towns	H9-L6-B16	750	8300	3200	12250	24	24-30 male	3
2	Michael	Ferguson	H2-L3-B7	750	8400	3000	12150	28	24-30 male	4
2	Joshua	Sather	H2-L3-B9	600	8100	3400	12100	29	24-30 male	5
2	Joshua	Bagby	H2-L4-B11	800	8100	3200	12100	29	24-30 male	5
8	Corey	Mireault	H8-L4-B12	700	8800	2200	11700	37	24-30 male	7
2	Jinyuan	Zhang	H2-L1-B3	650	7600	3000	11250	51	24-30 male	8
9	Eric	Peterson	H9-L5-B14	750	7500	3000	11250	51	24-30 male	8
9	Samuel	Ulmer	H9-L4-B12	600	7300	3200	11100	60	24-30 male	10
9	Jordan	Blevins	H9-L6-B17	575	7900	2600	11075	61	24-30 male	11
2	Akshay	Jari	H2-L5-B15	675	7800	2400	10875	70	24-30 male	12
2	Oleg	Saparin	H2-L6-B16	650	7600	2400	10650	86	24-30 male	13
9	Brennan	Goulais	H9-L5-B13	525	7800	2200	10525	92	24-30 male	14
5	James	Chan	H5-L7-B19	500	7700	2000	10200	110	24-30 male	15
2	Ramin	Aminzadah	H2-L2-B4	0	0	0	0	190	24-30 male	16
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
3	Stephanie	Sylvestre	H3-L4-B12	675	7900	3000	11575	43	31-34 female	1
3	Cheryse	MacDonald	H3-L3-B8	725	7400	3000	11125	58	31-34 female	2
5	Randa	Bouchmila	H5-L6-B16	625	7700	2800	11125	58	31-34 female	2
5	Kayti	Bates	H5-L5-B14	750	7100	3000	10850	72	31-34 female	4
5	Sandy	Cross	H5-L7-B20	650	7600	2600	10850	72	31-34 female	4
5	Anna	Gordon	H5-L5-B13	650	7200	2600	10450	97	31-34 female	6

3	Hilary	Smith	H3-L2-B4	825	6900	2600	10325	104	31-34 female	7
3	Lauren	Minuk	H3-L3-B9	600	7000	2200	9800	124	31-34 female	8
8	Jordyn	Billesberger	H8-L2-B4	800	6800	2200	9800	124	31-34 female	8
3	Sarah	Pullman	H3-L5-B13	500	6600	2600	9700	129	31-34 female	10
3	Katrina	Murphy	H3-L1-B1	575	6400	2400	9375	146	31-34 female	11
5	Shawna	Mandoli	H5-L6-B18	650	6800	1800	9250	149	31-34 female	12
5	Zafarene	Chunara	H5-L5-B15	375	6100	2400	8875	162	31-34 female	13
3	Miriam	Clark	H3-L1-B3	650	6500	1600	8750	165	31-34 female	14
3	Alexandra	Russell	H3-L4-B10	0	0	0	0	190	31-34 female	15
5	Nicola	Moffatt	H5-L3-B9	0	0	0	0	190	31-34 female	15
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
2	Sergey	Antonov	H2-L6-B17	1100	9000	4000	14100	3	31-34 male	1
2	John	Maslen	H2-L5-B14	675	8800	3800	13275	10	31-34 male	2
2	Andrew	Boyce	H2-L7-B21	650	8400	3600	12650	13	31-34 male	3
2	Derek	williams	H2-L3-B8	650	8900	3000	12550	16	31-34 male	4
2	Sean	McDonald	H2-L4-B12	700	8600	2800	12100	29	31-34 male	5
9	Michael	Chayka	H9-L5-B15	725	7700	3600	12025	32	31-34 male	6
2	Adam	Kaukas	H2-L4-B10	600	8100	3000	11700	37	31-34 male	7
2	Neil	Frail	H2-L8-B22	475	8100	2800	11375	45	31-34 male	8
2	Mat	Marinucci	H2-L1-B2	650	7500	2800	10950	67	31-34 male	9
2	John Michael	Vivero	H2-L1-B1	650	7300	2800	10750	79	31-34 male	10
2	Jordan	Swanson	H2-L2-B6	575	7500	2400	10475	95	31-34 male	11
2	Rui	Zhang	H2-L5-B13	675	7300	2400	10375	101	31-34 male	12
8	Ron	Olaes	H8-L4-B10	700	7100	2400	10200	110	31-34 male	13
8	Alex	Comer-Crook	H8-L7-B21	550	7000	2400	9950	120	31-34 male	14
2	Chris	Luu	H2-L6-B18	300	6800	2600	9700	129	31-34 male	15
8	Jonathan	Sayson	H8-L6-B18	50	6800	2400	9250	149	31-34 male	16
2	Olzhas	Yestekov	H2-L7-B20	325	5600	2000	7925	184	31-34 male	17

Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
5	Jen	McDonald	H5-L2-B6	700	7700	2600	11000	63	35-39 female	1
5	Alison	Parr	H5-L1-B3	975	6800	3000	10775	78	35-39 female	2
5	Kristie	McMechan	H5-L2-B4	400	6900	3000	10300	107	35-39 female	3
5	Karen	Ryan	H5-L4-B10	750	7300	2200	10250	108	35-39 female	4
5	Anna	Antonova	H5-L4-B12	525	6500	2600	9625	134	35-39 female	5
5	Candice	Onraet	H5-L6-B17	575	6800	2200	9575	136	35-39 female	6
8	Carla	Ellis-Whelan	H8-L8-B22	550	7000	2000	9550	137	35-39 female	7
8	Lindsey	Ducshcher	H8-L5-B14	625	6700	2200	9525	139	35-39 female	8
5	Katie	Webber	H5-L1-B2	650	6400	2200	9250	149	35-39 female	9
5	Serena	Siow	H5-L1-B1	700	5200	2400	8300	177	35-39 female	10
5	Yijun	Wang	H5-L4-B11	350	5700	2200	8250	178	35-39 female	11
5	Tanya	Befus	H5-L2-B5	0	0	0	0	190	35-39 female	12
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
4	Matt	Stewart	H4-L3-B9	875	9700	4000	14575	2	35-39 male	1
9	Hendrik	van Schothorst	H9-L2-B6	750	9300	3600	13650	5	35-39 male	2
4	Kevin	Langman	H4-L5-B15	825	8400	3200	12425	19	35-39 male	3
6	Joon	Kim	H6-L7-B20	750	8400	3200	12350	21	35-39 male	4
4	Patrick	Leclerc	H4-L2-B4	375	8400	3400	12175	26	35-39 male	5
4	Steve	Macleod	H4-L1-B2	700	7800	3200	11700	37	35-39 male	6
4	Tao	Jiang	H4-L1-B3	675	7400	3200	11275	49	35-39 male	7
4	Dan	Guo	H4-L5-B13	550	7600	3000	11150	57	35-39 male	8
4	Alex	Vlassenko	H4-L2-B5	700	7900	2400	11000	63	35-39 male	9
4	Eric	Hanson	H4-L6-B17	850	7300	2400	10550	91	35-39 male	10
4	Ryan	Swelin	H4-L7-B19	600	7200	2600	10400	100	35-39 male	11
4	Heath	Hill	H4-L4-B10	450	7500	2400	10350	102	35-39 male	12
4	Dian	Wang	H4-L2-B6	375	6900	2200	9475	141	35-39 male	13

4	Yohants	Giffuni	H4-L1-B1	425	6200	2600	9225	153	35-39 male	14
4	Brennan	McVeigh	H4-L5-B14	625	6500	1800	8925	160	35-39 male	15
4	Robert	Sta Ana	H4-L3-B8	0	0	0	0	190	35-39 male	16
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
8	Karleen	Scase	H8-L2-B6	850	7600	3200	11650	40	40-44 female	1
9	Tamara	Wilbourn	H9-L4-B11	750	7700	2800	11250	51	40-44 female	2
8	Vanessa	Ronksley	H8-L1-B1	650	7400	2600	10650	86	40-44 female	3
5	Autumn	Riley	H5-L3-B7	600	6400	1800	8800	163	40-44 female	4
8	Louise	Summers	H8-L3-B7	475	5700	2600	8775	164	40-44 female	5
5	Ida	Langston	H5-L3-B8	525	6600	1600	8725	167	40-44 female	6
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
4	Matt	McCormack	H4-L8-B22	1000	9000	3200	13200	11	40-44 male	1
4	Chris	Fenlon-MacDonal	H4-L6-B18	575	8600	3400	12575	15	40-44 male	2
4	Michael	Hardcastle	H4-L7-B20	850	8900	2600	12350	21	40-44 male	3
4	Ryan	Anderson	H4-L7-B21	675	7900	3200	11775	35	40-44 male	4
4	Jordan	Dalcin	H4-L3-B7	575	7900	2800	11275	49	40-44 male	5
4	paul	teman	H4-L6-B16	700	7100	2800	10600	89	40-44 male	6
4	Esteban	Jimenez	H4-L4-B11	525	7400	2600	10525	92	40-44 male	7
8	Paul	Ronksley	H8-L1-B3	550	6600	2600	9750	127	40-44 male	8
4	Marco	Stangherlin	H4-L4-B12	0	0	0	0	190	40-44 male	9
8	Tim	Whelan	H8-L7-B20	0	0	0	0	190	40-44 male	9
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
7	Daphne	Dalton	H7-L6-B17	675	7700	3200	11575	43	45-49 female	1
5	Amanda	Murphy	H5-L7-B21	575	7500	3000	11075	61	45-49 female	2
7	Cynthia	Breau	H7-L5-B13	475	7800	2600	10875	70	45-49 female	3
7	Karen	Castro	H7-L5-B15	600	6700	2400	9700	129	45-49 female	4
8	Shauna	Krush	H8-L1-B2	600	6800	2200	9600	135	45-49 female	5

8	Tara	English	H8-L2-B5	700	7100	1600	9400	144	45-49 female	6
7	Nicole	Skiftun	H7-L1-B3	625	6300	2000	8925	160	45-49 female	7
7	Cindy	Talbot	H7-L6-B18	450	6000	2200	8650	168	45-49 female	8
8	Apryl	Sponholz	H8-L3-B8	525	5700	2200	8425	172	45-49 female	9
9	Michelle	Caffrey	H9-L3-B8	375	5800	2200	8375	174	45-49 female	10
7	Ingrid	Eichelbaum	H7-L6-B16	400	6000	1600	8000	183	45-49 female	11
<b>Heat #</b>	<b>FirstName</b>	<b>LastName</b>	<b>Athlete number</b>	<b>Swim (m)</b>	<b>Bike (m)</b>	<b>Run (m)</b>	<b>Total distance</b>	<b>Overall Rank</b>	<b>Age</b>	<b>Age Group Rank</b>
6	Murray	Bruce	H6-L3-B8	800	8500	3200	12500	18	45-49 male	1
6	Ilya	Korobov	H6-L1-B2	875	8700	2600	12175	26	45-49 male	2
6	Dan	Giberson	H6-L3-B9	600	7800	2800	11200	56	45-49 male	3
6	Tori	McMillan	H6-L2-B5	700	7900	2400	11000	63	45-49 male	4
9	Rob	Rosete	H9-L4-B10	375	6800	3000	10175	112	45-49 male	5
6	Julio	Serrano	H6-L5-B14	725	5000	2600	8325	175	45-49 male	6
<b>Heat #</b>	<b>FirstName</b>	<b>LastName</b>	<b>Athlete number</b>	<b>Swim (m)</b>	<b>Bike (m)</b>	<b>Run (m)</b>	<b>Total distance</b>	<b>Overall Rank</b>	<b>Age</b>	<b>Age Group Rank</b>
7	Anja	Verbeek	H7-L3-B8	775	8100	3400	12275	23	50-54 female	1
7	Lise	Boddy	H7-L2-B5	550	7900	3200	11650	40	50-54 female	2
7	Tammy	Hnatyshyn	H7-L4-B11	725	7100	3000	10825	77	50-54 female	3
7	Marianne	Wiltse	H7-L1-B1	675	7100	2000	9775	126	50-54 female	4
7	Young-Mi	Kwon	H7-L4-B12	650	6100	2600	9350	147	50-54 female	5
8	Claire	Owens	H8-L7-B19	300	6100	2000	8400	173	50-54 female	6
7	Tracy	Heim	H7-L2-B4	600	5200	2400	8200	180	50-54 female	7
7	Pauline	Petelo	H7-L4-B10	425	5000	2000	7425	187	50-54 female	8
<b>Heat #</b>	<b>FirstName</b>	<b>LastName</b>	<b>Athlete number</b>	<b>Swim (m)</b>	<b>Bike (m)</b>	<b>Run (m)</b>	<b>Total distance</b>	<b>Overall Rank</b>	<b>Age</b>	<b>Age Group Rank</b>
9	Ron	Just	H9-L3-B7	550	8800	3200	12550	16	50-54 male	1
6	Rodney	Zawalykut	H6-L6-B18	775	8400	3200	12375	20	50-54 male	2
6	Karl	Seidenz	H6-L2-B6	600	7900	3400	11900	34	50-54 male	3
6	Andrzej	Pawelczak	H6-L1-B3	800	7500	2600	10900	69	50-54 male	4

6	Andreas	Dilger	H6-L7-B19	550	7900	2400	10850	72	50-54 male	5
9	Trent	Cherry	H9-L3-B9	350	7700	2800	10850	72	50-54 male	5
6	Andrew	Wallace	H6-L3-B7	875	7200	2600	10675	85	50-54 male	7
6	Sol	Zia	H6-L5-B15	750	7400	2200	10350	102	50-54 male	8
6	Don	Amstutz	H6-L5-B13	475	7500	2200	10175	112	50-54 male	9
6	Jason	Langston	H6-L4-B10	450	7400	2000	9850	123	50-54 male	10
6	martin	paradis	H6-L6-B17	625	7100	1800	9525	139	50-54 male	11
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
7	Gail	Brooks	H7-L2-B6	700	7300	3000	11000	63	55-59 female	1
8	Colleen	Rush	H8-L3-B9	550	6900	3000	10450	97	55-59 female	2
7	Nikki	Skaug	H7-L3-B9	725	7100	2400	10225	109	55-59 female	3
7	Linda	Sinclair	H7-L5-B14	600	6300	1600	8500	170	55-59 female	4
7	Donna	Kennedy	H7-L3-B7	325	5800	1800	7925	184	55-59 female	5
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
6	Robert	MacCuish	H6-L2-B4	625	8600	3000	12225	25	55-59 male	1
6	Glen	Pardoe	H6-L6-B16	475	7700	2400	10575	90	55-59 male	2
6	Glenn	Ruskin	H6-L1-B1	775	7300	2400	10475	95	55-59 male	3
6	Al	Depatie	H6-L4-B11	450	6900	1600	8950	158	55-59 male	4
6	James	Shortt	H6-L4-B12	425	6600	1600	8625	169	55-59 male	5
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
7	Saskia	Knol-Hermans	H7-L1-B2	600	6700	2000	9300	148	60 and over female	1
Heat #	FirstName	LastName	Athlete number	Swim (m)	Bike (m)	Run (m)	Total distance	Overall Rank	Age	Age Group Rank
9	Paul	Featherstone	H9-L2-B5	625	8600	2800	12025	32	60 and over male	1
9	Kelly	Eisler	H9-L1-B1	525	7200	3000	10725	82	60 and over male	2
9	Shaun	Moar	H9-L2-B4	650	6900	2600	10150	115	60 and over male	3
9	Ernest	Smith	H9-L1-B2	600	6700	2400	9700	129	60 and over male	4

9	Brad	McLachlan	H9-L1-B3	0	0	0	0	190	60 and over male	5
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